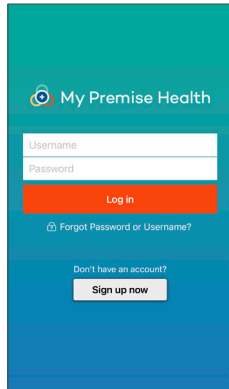
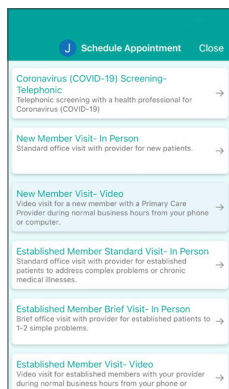


How to schedule an appointment at the Flathead Valley Health Center

Follow these steps to schedule your appointment using the My Premise Health app or online at mypremisehealth.com.

The login screen for My Premise Health. It features a teal header with the logo. Below is a white box with fields for 'Username' and 'Password', a 'Log in' button, and a link for 'Forgot Password or Username?'. At the bottom, there's a 'Don't have an account?' section with a 'Sign up now' button.

2 In the dashboard, select "Schedule an Appointment."

A list of appointment types under the 'Schedule Appointment' header. Options include: 'Coronavirus (COVID-19) Screening- Telephonic', 'New Member Visit- In Person', 'New Member Visit- Video', 'Established Member Standard Visit- In Person', 'Established Member Brief Visit- In Person', and 'Established Member Visit- Video'. Each option has a brief description and a right-pointing arrow.

4 Answer all coronavirus questions and any additional questions that correspond to your visit.

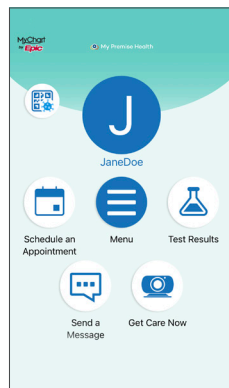


Get started today.

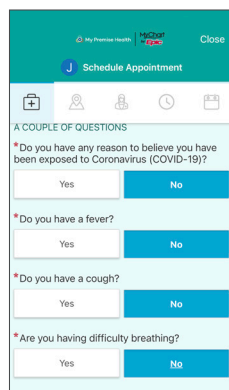
Log in or sign up for your account on the My Premise Health app or mypremisehealth.com.

1 Log in to your My Premise Health account with your username and password. If you don't have an account, you can create one using the "Sign Up Now" option.

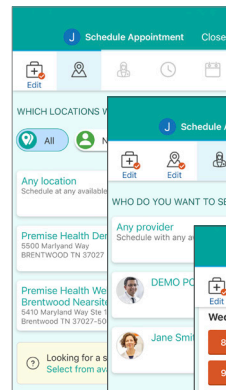
For support, call your wellness center, email mypremisehealthsupport@premisehealth.com or visit mypremisehealth.com and click "Contact Support" for assistance.

The user's dashboard for JaneDoe. It shows a profile icon, a 'J' logo, and several action buttons: 'Schedule an Appointment', 'Menu', 'Test Results', 'Send a Message', and 'Get Care Now'.

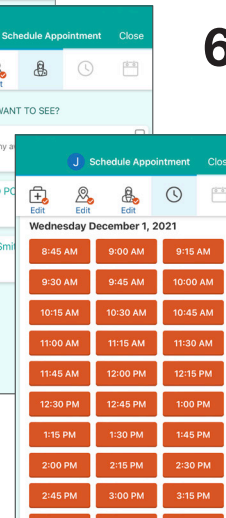
3 Select your desired appointment type from the available options.

A screen titled 'A COUPLE OF QUESTIONS' with four yes/no questions: 'Do you have any reason to believe you have been exposed to Coronavirus (COVID-19)?', 'Do you have a fever?', 'Do you have a cough?', and 'Are you having difficulty breathing?'. Each question has 'Yes' and 'No' buttons.

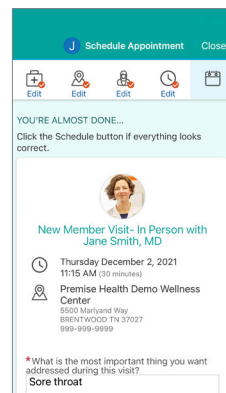
5 Choose your location.

A screen titled 'WHICH LOCATIONS' with a search bar and a list of locations. The first location is 'Premise Health Demo Wellness Center' with its address and phone number.

6 Choose a provider.

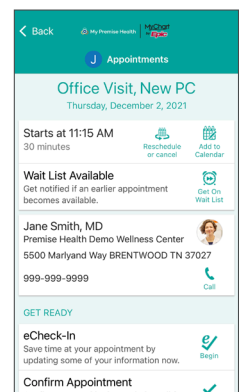
A screen titled 'WHO DO YOU WANT TO SEE?' showing a list of providers. The first provider is 'Jane Smith, MD' with a profile picture and contact information.

7 Select a preferred date and time for your visit.

A screen titled 'YOU'RE ALMOST DONE...' showing appointment details: 'New Member Visit- In Person with Jane Smith, MD' on 'Thursday, December 2, 2021' at '11:15 AM (30 minutes)' at the 'Premise Health Demo Wellness Center'. It includes a 'Sore throat' note and a 'What is the most important thing you want addressed during this visit?' field.

8 Confirm appointment details. In the specified box, please provide any information you'd like your provider to know, such as questions or symptoms you may have. If this is your first time scheduling through the portal, you may be prompted to verify personal information before confirming appointment details.

9 Your appointment is confirmed. Plan to arrive at your wellness center at your scheduled time. eCheck-In is not required for in-person appointments, but you may complete the process if you would like.

A screen titled 'Office Visit, New PC' for 'Thursday, December 2, 2021'. It shows the start time '11:15 AM', a 'Wait List Available' section, provider information for 'Jane Smith, MD', and a 'GET READY' section with 'eCheck-In' and 'Confirm Appointment' options.

FLATHEAD VALLEY
HEALTH CENTER

Operated by
Premise Health.