

Food That's in While School Is Out!

Kalispell Summer Meals Program

Breakfast and Lunch
Monday –Friday, June 12 –August 16

Free! No paperwork necessary.

For more information please contact Jana Graham
(grahamj@sd5.k12.mt.us) 406-751-3646



If you are 18 years of age or younger, then come join us at the following locations for a free, delicious breakfast and lunch. There will be games, physical activities and gardening events!

Meal Sites:

Woodland Park: June 12-August 16

Breakfast 7:30am-9:00am

Lunch 11:30am-1pm

Gateway Community Center: United Way 1203 Hwy 2 W, West Side Food Court Ent. B

Breakfast 8:00-9:00

Lunch: 11:30am-1pm

June 12-August 16

Food Truck- 10:45am to 1:10pm






Weekly Breakfast Menu:

Monday	Tuesday	Wednesday	Thursday	Friday
Oatmeal Bake w/ Yogurt Fresh Fruit Nonfat or 1% White Milk	Hot Ham and Cheese Pockets Choice of Fresh Fruit Nonfat or 1% White Milk	Yogurt Banana Splits or Cereal, Choice of Fresh Fruit Nonfat or 1% White Milk	Muffin with Sausage link or Cereal Choice of Fresh Fruit Nonfat or 1% White Milk	Breakfast Bar or Cereal Choice of Fresh Fruit Nonfat or 1% White Milk

June 2019

NOTES	Monday	Tuesday	Wednesday	Thursday	Friday
MENU SUBJECT TO CHANGE	10 Parks and Rec Sack Lunch	11 Parks and Rec Sack Lunch	12 Meat & Cheese or PB&J Sandwich Choice of Fresh Fruit And Local Veggies	13 Corn Dogs Choice of Fruit and Local Veggies	14 Meat & Cheese or PB&J Sandwich Choice of Fresh Fruit And Local Veggies
	17 Local Beef Burger on WG Bun Choice of Fresh Fruit and Local Veggies	18 Chicken Burrito w/ Cheese, Salsa, Sour Cream Choice of Fresh Fruit and Local Veggies	19 Meat & Cheese or PB&J Sandwich Choice of Fresh Fruit And Local Veggies	20 Hot Dog w/ Homemade Chili Choice of Fresh Fruit and Local Veggies.	21 Meat & Cheese or PB&J Sandwich Choice of Fresh Fruit And Local Veggies
	24 Chicken Patty on a WG Bun Choice of Fresh Fruit and Local Veggies	25 Beef Burrito w/ Cheese, Salsa, Sour Cream Choice of Fresh Fruit and Local Veggies	26 Meat & Cheese or PB&J Sandwich Choice of Fresh Fruit And Local Veggies	27 Corn Dogs, Choice of Fresh Fruit, and Local Veggies	28 Meat & Cheese or PB&J Sandwich Choice of Fresh Fruit And Local Veggies

JULY 2019

NOTES	Monday	Tuesday 	Wednesday 	Thursday 	Friday
	1 Local Hamburger on WG Bun Choice of Fresh Fruit, and Local Veggies	2 Chicken Burrito, Salsa, Sour Cream, Cheese Choice of Fresh Fruit, and Local Veggies	3 Meat & Cheese or PB&J Sandwich w/ Choice of Fresh Fruit and Veggies	4 NO LUNCH SERVED HAPPY 4 TH OF JULY!	5 Meat & Cheese or PB&J Sandwich Choice of Fresh Fruit And Local Veggies
	8 Chicken Patty on WG Bun Choice of Fresh Fruit and Local Veggies	9 Beef Burrito w/ Cheese, Salsa, Sour Cream Choice of Fresh Fruit and Local Veggies	10 Meat & Cheese or PB&J Sandwich Choice of Fresh Fruit And Local Veggies	11 Hot Dog w/ Homemade Chili Choice of Fresh Fruit and Local Veggies	12 Meat & Cheese or PB&J Sandwich Choice of Fresh Fruit And Local Veggies
	15 Local Hamburger on WG Bun Choice of Fresh Fruit and Local Veggies	16 Chicken Burrito, Salsa, Sour Cream, Cheese Choice of Fresh Fruit and Local Veggies	17 Meat & Cheese or PB&J Sandwich Choice of Fresh Fruit And Local Veggies	18 Corn Dogs w/ , Choice of Fruit and Local Veggies	19 Meat & Cheese or PB&J Sandwich Choice of Fresh Fruit And Local Veggies
	22 Chicken Patty on WG Bun Choice of Fresh Fruit and Local Veggies	23 Beef Burrito w/ Cheese, Salsa, Sour Cream Choice of Fresh Fruit and Local Veggies	24 Meat & Cheese or PB&J Sandwich Choice of Fresh Fruit And Local Veggies	25 Hot Dog w/ Homemade Chili Choice of Fresh Fruit and Local Veggies	26 Meat & Cheese or PB&J Sandwich Choice of Fresh Fruit And Local Veggies
	29 Local Hamburger on WG Bun Choice of Fresh Fruit and Local Veggies	30 Chicken Burrito w/ Cheese, Salsa, Sour Cream Choice of Fresh Fruit and Local Veggies	31 Meat & Cheese or PB&J Sandwich w/ Choice of Fresh Fruit and Veggies		

AUGUST 2019

NOTES	Monday	Tuesday 	Wednesday 	Thursday 	Friday
			1	1 Corn Dogs w/ Choice of Fresh Fruit and Local Veggies	2 Meat & Cheese or PB&J Sandwich Choice of Fresh Fruit And Local Veggies
	5 Chicken Patty on WG Bun Choice of Fresh Fruit and Local Veggies	6 Beef Burrito w/ Cheese, Salsa, Sour Cream Choice of Fresh Fruit and Local Veggies	7 Meat & Cheese or PB&J Sandwich Choice of Fresh Fruit And Local Veggies	8 Hot Dog w/ Homemade Chili Choice of Fresh Fruit and Local Veggies	9 Meat & Cheese or PB&J Sandwich Choice of Fresh Fruit And Local Veggies
	12 Local Hamburger on WG Bun Choice of Fresh Fruit and Local Veggies	13 Chicken Burrito w/ Cheese, Salsa, Sour Cream Choice of Fresh Fruit and Local Veggies	14 Meat & Cheese or PB&J Sandwich Choice of Fresh Fruit And Local Veggies	15 Corn Dogs Choice of Fresh Fruit and Local Veggies	16 Meat & Cheese or PB&J Sandwich Choice of Fresh Fruit And Local Veggies End of Summer Lunch Program
	20 Parks and Rec Sack Lunch	21 Parks and Rec Sack Lunch	22 Parks and Rec Sack Lunch	23	24
	August 28 <u>First Day of School!</u>	**PB& J comes with string cheese or yogurt; sun butter can be substituted for peanut butter upon request. **All grains are at least 50% whole grain.			