



Glacier High School

2019-2020 Activities Startup Dates and Information

<http://www.sd5.k12.mt.us/ghs/content/activities>



Paperwork

Students must complete their paperwork online at Rank One at <https://kalispellschools.rankonesport.com/New/Home.aspx>
The Physical Form must be turned into your coach in hard copy.
Physicals must be dated after May 1st to count towards 2019.

Football

Pre-practice meetings for 9th – 12th grade begin at 5PM on Thursday, August 15th
Practice begins Friday, August 16th at 7:45AM at Glacier High School.

Two-A-Days:

Chalks/Practice/Chalks/Practice -8AM to 2PM Bring a sack lunch!

Scrimmage:

Navy and Green Scrimmage Friday, August 23th at 5:30PM-Frosh & 6PM at Glacier High
<https://www.sd5.k12.mt.us/ghs/Content2/football>

Cheerleading

Students who are interested in trying out are to report to Glacier High Performance Hall by 9AM on Monday, August 19th. Please check the cheer website for information regarding off season clinics and the summer camp. <https://www.sd5.k12.mt.us/2/Content/362>

Volleyball

Tryouts begins Monday, August 19th. Students are to report to the GHS large gym at tryout times that are listed below. <https://www.sd5.k12.mt.us/ghs/Content/ghs-volleyball>
Friday: Incoming 10th-12th grade players report at 9AM-11AM AND 4PM-6PM for tryouts.
Incoming freshmen players report at 12PM-2PM.

Tryouts:

Scrimmage:

Sophomores v. Freshman	August 29th	@ 4 PM	JV v. Sophomores
Freshman v. Sophomores	August 29th	@ 5 PM	JV v. Varsity

Golf

Practice begins Thursday, August 15^h. Students are to report to the GHS Performance Hall by 9AM and turn in all paperwork. Students must provide their own equipment.

Practice:

Practice will be at Northern Pines Golf Course at 3PM prior to school starting.

Qualifying:

Qualifying for the first tournament of the year will begin on Thursday and Friday, August 15th&16th at 3PM.

Soccer

A mandatory paperwork session begins Friday, August 16th at 9AM in the Commons area. Girls will run a timed 1 mile. Boys and girls team building to be announced.

Web Page: <http://sd5.k12.mt.us/Page/1029>

Tryouts:

Aug. 13-17th Girls: 7AM-9AM and 5PM-7PM Boys: 7AM-9AM and 4PM-6PM

Scrimmage:

Boys: August 23rd @ 5:15PM at GHS
Girls: August 23rd @ 4:00PM at GHS

Cross Country

Practice begins Friday, August 16th at 9AM. Students are to report to the Glacier High School Fitness Room.

Practice:

Coach Deitz will announce practice times for the week.

Time Trial:

The first time trial will take place on August 29th

Theatre

Auditions for the first All-School Production will be Thursday, August 15th from 9AM - 11AM and Friday, August 16th from 9AM-11AM. For more information, please visit the Wolfpack Theatre website www.glacierwolfpacktheatre.com

Speech/Debate

Watch for a team meeting after Labor Day! Practices officially begin October 1st. The first competitive event is in November with the Kalispell Kickoff. Please view the web page for more details. <http://www.sd5.k12.mt.us/domain/181>



Band For students who will march in the Fair Parade and readying for the upcoming year, Band Camp will begin at 8AM on August 5th-8th with the parade on August 16th. Please meet in the GHS Band Room.

Swimming Swimming begins on November 21st at the Summit. Practice begins at 8PM. The first meet is December 7th. For more details, see <https://www.sd5.k12.mt.us/ghs/Content2/1318>

Wrestling Open mat will precede the season for those students who are interested. Wrestling begins on Thursday, November 21st in GHS Wrestling Room. Practice begins at 3:30PM sharp. Wrestling-offs are scheduled for Monday, December 2nd at 4PM. See Coach Dankers for more details.

G. Basketball Open gyms will precede the season and are open to any GHS students who are interested. Coach Cram will provide detailed information as the season approaches. The first practice begins on Thursday, November 21st. Freshmen start at 6AM. Sophomores, juniors, and seniors start at 5:30 PM. The first scrimmage for freshman and sophomores is on Thursday, December 5th at 4:30PM. JV and varsity will scrimmage at 5:30PM.

B. Basketball Open gyms will precede the season and are open to any GHS students who are interested. Coach Harkins will provide detailed information as the season approaches. The first practice begins on Thursday, November 21st. Freshmen start at 6AM. Sophomores, juniors, and seniors start at 5:30 PM. The first scrimmage for freshman and sophomores is on Thursday, December 5th at 4:30PM. JV and varsity will scrimmage at 7PM.

Tennis Tennis begins on March 9th at 3:30PM. Students will meet at the FVCC if weather permits. If the weather is poor, athletes will practice at KMS. Off-season tennis is played throughout the year. Please see Coach Munro for details.

Track Track will meet in the GHS Wrestling Room March 9th at 3:30PM. Off-season work begins after Thanksgiving in the GHS gymnasium area. See Coach Boschee or Coach Deck for more information.

Softball Tryouts begin on March 9th. Athletes will meet Coach Connolly in the GHS gymnasium at 3:30PM. The first contest is scheduled for March 28th in the jamboree. Pitching and hitting opportunities begin after throughout the year in the GHS Fitness Room. See Coach Connolly for more details.

CORE CORE is our strength and speed improvement program that runs the entire year at GHS and is open to any GHS student. Summer CORE takes place every Monday, Tuesday, and Thursday morning from 6:30AM. During the school year, CORE will be offered from 3:30PM-5PM.

Fees Students must pay their Activity Fee of \$35 and activity ticket of \$25 prior to the first competition. All students in MHSAA activities including music, speech, and theatre are required to purchase a \$25 activity ticket which allows entrance into all regular season athletic contests. Students are encouraged to purchase the activity ticket at the start of school for maximum benefit. There may be a Spirit Pack Fee of \$30 depending on the specific program.

