



FLATHEAD HIGH SCHOOL

2018-19 Activities Start-Up Dates and Information

FOOTBALL	<p>Thursday, August 9th - Registration Day/Equipment Handout (10 AM). 9th - 12 grades Team Meeting - Meet in weightroom at 6 PM.</p> <p>Practice begins August 10th. See website for the summer football schedule on FHS website, athletics, football.</p> <p>Two- A-Days: (Grades 10-12) 9:00 AM Chalk - Practice 10 AM - Noon & 5 PM Chalk - Practice @ 5:30 - 7:30 PM (Grade 9) Practice 8 - 11:30 AM (Break at 9:30 to 10:00 AM)</p> <p>Black & Orange Scrimmage: Saturday, August 18th: Frosh 3:30 PM JV/VAR 7 PM</p>
CHEER	<p>Tryouts begin Friday, August 10th from 9 AM to Noon and 1:30 to 3:30 PM. Tryouts will continue on August 11th from 9AM to finish. Team selections will begin at 2:30 PM on August 11th. We will meet in the FHS Commons for all meeting times. For more details about camps or off-season training please contact Coach Heuscher at: heuscher@sd5.k12.mt.us or 406-671-6049.</p>
VOLLEYBALL	<p>Volleyball tryouts start Friday, August 10th. For information on tryout times, summer open gyms and camps please go to the volleyball under Athletics on Flathead website: http://www.sd5.k12.mt.us/1/Home If you have questions email Coach Fairclough at: flatheadhighvolleyball@gmail.com.</p>
GOLF	<p>Parent Meeting: August 8th @ 5 PM - Room 218 Tryouts: August 9th-10th 1:00-4:00 PM @ Buffalo Hill GC</p>
BOYS SOCCER	<p>Tryouts begin Friday August 10th from 7-9 AM & 4-6 PM at Kidsport. Tryouts will continue on August 11th from 8-10 a.m. For more details about camps, preseason friendlies, and optional summer training sessions, please visit our website at: http://www.sd5.k12.mt.us/fhs/Content2/bravessoccer</p>
GIRLS SOCCER	<p>Tryouts begin Friday August 10th from 7-9 AM & 4-6 PM at Kidsport. Tryouts will continue on August 11th from 8-10 a.m. For more details about camps, preseason friendlies, and optional summer training sessions, please visit our website at: http://www.sd5.k12.mt.us/olc/4</p>
CROSS COUNTRY	<p>First day of practice is Friday, August 10th. Meet at FHS in the Commons Area @ 8 AM. This schedule will continue until August 27th when practices will begin at 3:30 PM. See Coach Rumsey in room 123.</p>
SPEECH & DEBATE	<p>We will have an introductory meeting at the end of September and practices will officially begin October 1st. Please view our web page for more details at: flatheadforensics.blogspot.com</p>
BAND	<p>Braves Marching Band Camp occurs August 15-17 & 20-22 from 9 AM to 4 PM. The camp is a normal obligation of band, percussion and color guard students to prepare them for the NW Montana Fair Parade and the first home football halftime performance on Friday, 9/7. Lunch is provided each day and professional staff from Denver work with students on percussion, brass, woodwinds and color guard to help achieve excellence! The camp is free for all students. NOTE: Students who participate in Fall Cheer, Cross Country, Football, Golf or Volleyball are exempt from marching band or they may choose to participate in both. More information will be mailed out to all band, percussion and color guard students or you may contact Band Director, David Johnke at johnked@sd5.k12.mt.us or 751-3554 (Band office).</p>
CHOIR	<p>Concert Choir will have its annual Fall Retreat September 14-16 at Trinity Lutheran Camp located on the east side of Flathead Lake. This is a required event for all Concert Choir students. We depart Friday after school and return to FHS around 11 AM Sunday morning. Please contact Jennifer Stephens with questions: stephensj@sd5.k12.mt.us</p>
SWIMMING	<p>First day of practice is Friday, November 16th at The Summit times TBD. Please contact Coach Robinson for additional information. mr.majorrobinson@gmail.com</p>
WRESTLING	<p>Official wrestling practice will begin November 15th at 3:40 pm in the wrestling room. See Coach Thompson in room 125 if you have questions or email him at thompsonj@sd5.k12.mt.us</p>
BOYS BASKETBALL	<p>Tryouts: November 15, 16, and 17 . Practice begins November 19th.</p>
GIRLS BASKETBALL	<p>Tryouts: November 15, 16, and 17 . Practice begins November 19th.</p>
TENNIS	<p>Practice begins Monday, March 11th at FVCC (weather permitting). If you have questions you can contact Coach Cripe at jimmycripe@gmail.com</p>
TRACK	<p>Practice begins Monday, March 11th. Athletes must have 10 practices before competition. Visit the Track web page on Flathead High School website under Athletics.</p>
SOFTBALL	<p>Tryouts will begin March 11, 2019. Open gem opportunities will start the end of October. Need information contact Coach Foster jwfoster00@msn.com</p>
THEATRE	<p>Auditions for Oedipus Rex/Antigone will be held September 4th and 5th at 3:30 PM. Auditions for the Fall Festival will be September 6th at 4 PM. Plays submissions for the Fall Festival can be sent to putzlerw@sd5.k12.mt.us by August 1st. More information can be found at www.sykora.wixsite.com/fhstheatre</p>
FAST	<p>The FAST (Flathead Agility and Strength Training) Program is our strength and conditioning program that runs the entire year at FHS and is open to any Flathead Student-Athlete. SUMMER FAST: Begins Monday June 25th through Thursday July 26th. (Mon., Tues., Thurs) (Grades 6-12) (7:30-8:45 AM) FOOTBALL 4th QUARTER PROGRAM: 6:00-7:30 AM Begins Monday June 25th (Monday Through Thursday)</p>
PAPERWORK	<p>All paperwork must be completed online (web address below) and a sports physical needs to be completed after May 1, 2018 before students can tryout or attend practice. Flathead High School website Quick Links FHS Activity Forms http://www.sd5.k12.mt.us/fhs/Content2/fhsforms</p>
FEES	<p>Students must pay a \$60 Participation fee for the first Activity prior to first competition. (Any additional participation fees will only be \$35.) There may also be a \$30 fee for a Spirit Pack (generally FHS logo attire) - Check with the program coach/director for details.</p>